

NISKAYUNA CONSUMERS' CO-OPERATIVE, INC.

2227 NOTT STREET (AT BALLTOWN ROAD) NISKAYUNA, NEW YORK 12309

Web: NISKAYUNACO-OP.COM Phone: (518) 374-1362 E-Mail: COOP2227@NYCAP.RR.COM

STORE HOURS: EVERY DAY 8 A.M. – 8 P.M. - DELICATESSEN 8 A.M. – 7:45 P.M.


SPECIALS FOR THE WEEK OF JULY 19 – 25, 2010

ARIZONA ICED TEAS all varieties 1 gallon jug Reg. \$2.99 Sale \$1.99 Members \$1.49 Limit 6

OCEAN SPRAY CRANBERRY JUICE COCKTAIL and BLENDS

46 oz. btl. Reg. \$2.99 Sale \$1.79 Members \$1.49 Limit 6

GEISHA SOLID WHITE TUNA FISH in water 5 oz. can Reg. \$1.59 Sale \$1.19 Members \$.99 Limit 6

 BEST YET MANDARIN ORANGES 11 oz. can Reg. \$.79 Sale \$.69 Members \$.59 Limit 6

DOLE FRUIT BOWLS 6 varieties 4 pack 16 oz. pkg. Reg. \$2.79 Sale \$1.79 Members \$1.59 Limit 6

PROGRESSO PANKO STYLE BREAD CRUMBS 8 oz. pkg. Reg. \$2.49 Sale \$1.79 Members \$1.59 Limit 6

CHOCK FULL O' NUTS COFFEE AMG Style 13 oz. can Reg. \$3.49 Sale \$2.79 Members \$2.59 Limit 6

KELLOGG'S SMART START CEREAL 3 varieties 14.7–17.5 oz. box Reg. \$3.99 Sale \$2.99 Members \$2.79 Limit 6

SCOTTIES FACIAL TISSUES Large 264 ct. Box Reg. \$2.49 Sale \$1.99 Members \$1.79 Limit 6

HERSHEY MILK CHOCOLATE BARS 6 ct. 9.3 oz. pkg. Reg. \$3.99 Sale \$3.49 Members \$2.99 Limit 6

SAM ADAMS SUMMER ALE 12 pack 12 oz. btls. Reg. \$14.99 Sale \$14.29 Members \$13.29 Limit 4

7-UP, A&W, SUNKIST or SQUIRT SODAS 2 Ltr. Btls. Reg. \$1.59 Sale \$1.39 Members \$1.29 Limit 6

 BEST YET MACARONI & CHEESE DINNER 7.2 oz. box 2/\$1.00

 BEST YET BUTTON MUSHROOMS Whole or Sliced 4 oz. can \$.69

 BEST YET MARSHMALLOWS Regular Style 10 oz. bag \$.79

DOLE FRUIT CRISPS 8 oz. pkg. \$1.99 - "FEED" GRANOLA 12 oz. bag \$4.99

APPLE & EVE APPLE JUICE Half Gallon Bottle \$1.99

KEEBLER READY CRUST PIE SHELLS Chocolate or Graham Crackers 6 oz. pkg. \$1.49

GOOD SEASONS ITALIAN DRESSINGS 4 envelope package \$1.99

KELLOGG'S ALL BRAN BUDS CEREAL 17.7 oz. pkg. \$2.99

HOLLYWOOD SAFFLOWER OIL 32 oz. Btl. \$4.99

DAIRY SPECIALS:

DANNON ACTIVIA YOGURT 4 pack 16 oz pkg. Reg. \$2.79 Sale \$1.99 Members \$1.79 Limit 6

CHOBANI GREEK YOGURT 1 Qt. Carton \$4.49

DANNON LIGHT N' FIT YOGURT Strawberry/Banana/ Peach 6 pack 24 oz. \$1.99

CABOT OF VERMONT DAIRY SALE:

BUTTER Regular or Unsalted 16 oz. Quarters Reg. \$3.19 Sale \$2.99 Members \$2.79 Limit 6


SOUR CREAM 16 oz. carton \$1.49 - COTTAGE CHEESE 16 oz. carton \$1.89

SHREDDED CHEESE all 8 oz. bags Reg. 2.69 Sale \$2.19 Members \$1.89 Limit 6

CABOT OF VERMONT CHEDDAR CHEESE 2 lb. Brick \$8.99

McCADAM CHEDDARS & CHEESES all 8 oz. bars Reg. \$2.49 Sale \$1.89 Members 3/\$5.00 Limit 6

TEMPTEE CREAM CHEESE 8 oz. tub \$1.69

 BEST YET AMERICAN SINGLES 12 oz. pkg. Reg. \$2.49 Sale \$1.69 Members 2/\$3.00 Limit 12

 BEST YET CHOCOLATE CHIP COOKIES 15 oz. pkg. \$1.99

TROPICANA PREMIUM ORANGE JUICE "most varieties" 59 oz. carton

Reg. \$3.49 Sale \$3.19 Members \$2.69 Limit 6

FLORIDA'S NATURAL PREMIUM ORANGE or GRAPEFRUIT JUICE ½ gal. Ctn. \$3.29

HOOD NON-DAIRY CREAMER 1 Quart Carton \$1.19

HOOD HALF & HALF 1 Quart Carton Reg. \$2.99 Sale \$1.99 Members \$1.79 Limit 6

MOHAWK DAIRY MILKS – SKIM, 1% or 2%

Half Gallon Carton Reg. \$1.89 Sale \$1.79 Members \$1.49 Limit 6

One Gallon Jug Reg. \$3.89 Sale \$3.39 Members \$2.89 Limit 4

-Sorry, Whole Milk is not included in the Mohawk Dairy Milk Sale-

PRODUCE SPECIALS:

LOCALLY GROWN- GREEN or YELLOW SQUASH Reg. \$1.49 Sale \$.89 Members \$.79 lb.

LOCALLY GROWN-CUCUMBERS Reg. \$.69 Sale \$.59 Members \$.49 Each

LOCALLY GROWN- BLUEBERRIES One Dry Pint \$2.99

CALIFORNIA STRAWBERRIES 16 oz. Box \$2.99

VIDALIA ONIONS \$1.29 lb. - CALIFORNIA FRESH CELERY \$1.29 Bunch

BABY BELLA MUSHROOMS 10 oz. pkg. \$1.99

MEAT DEPARTMENT SPECIALS:

BEEF STRIP LOIN STEAK Boneless \$4.99 lb. **BEEF FILET MIGNON** \$9.99 lb.

BEEF TRI-TIP ROAST Great for the grill \$4.99 lb.

BLACK ANGUS HAND MADE SEASONED BEEF PATTIES all varieties \$2.99 lb.

BEEF CHUCK ROAST Boneless Reg. \$3.99 Sale \$2.49 Members \$1.99 lb.

BEEF GROUND ROUND \$2.79 lb. - **BEEF LIVER** \$.99 lb.

BEEF CHOPPED SIRLOIN CUTLETS 97% lean \$2.99 lb.

CHICKEN BREAST FILLET Boneless \$2.99 lb.

WHOLE CHICKEN Reg. \$1.59 Sale \$1.39 Members \$1.09 lb.

CUT-UP, QUARTERED or **SPLIT CHICKEN** Reg. \$1.69 Sale \$1.49 Members \$1.19 lb.

READY TO COOK: SEASONED BONELESS CHICKEN BREAST All varieties \$2.49 lb.

CHICKEN CAPUTO with tomato, mozzarella cheese, ham and basil \$2.79 lb.

PORK SIRLOIN ROAST or **CHOPS** \$1.99 lb.

CO-OP MADE: BEER BRATWURST Great for the grill \$2.49 lb.

READY TO EAT: FULLY COOKED SHRIMP \$5.99 lb.

FRESH CATFISH \$4.99 lb. - **SEASONED CATFISH** \$5.29 lb.

FRESH SALMON FILLET Reg. \$9.99 Sale \$8.49 Members \$7.99 lb.

We now carry **AL-BARAKI TRADITIONAL LEBANESE FOODS-** for you to enjoy.

Meet the chefs, Paul and Simone Chedrawee, as they host an array of their products for you to sample. The perfect food for these hot summer days!!

Paul and Simone bring fresh product and samples daily.

DELICATESSEN SPECIALS:

Old Neighborhood Oven Roasted Roast Beef \$7.99 lb.

Kretschmar "Off The Bone" Turkey Breast \$6.99 lb.

Kretschmar "Off The Bone" Low Salt Ham \$5.99 lb.

State National Cooked Corned Beef \$5.99 lb.

Belgioioso Slicing Provolone Cheese \$5.99 lb.

Mother Goose Liverwurst \$3.99 lb.

Boar's Head Ever Roast Chicken Breast \$7.99 lb.

Norwestern Oven Roasted Turkey Breast \$4.99 lb.

Celebrity Imported Cooked Ham \$4.99 lb.

Co-op Store Made Lasagna \$3.99 lb.

Co-op Fresh Made Macaroni Salad \$2.99 lb.

Sara Lee Pre-Sliced Deli Meats- all Varieties 10 oz. pkgs.- \$4.29 each

We make beautiful Party Platters to order. Menu and Prices available at Deli Counter.

BAKERY SPECIALS:

CRANBERRY-ORANGE OATMEAL COOKIES 12 ct. Pkg. \$2.49

CO-OP BAKED MARBLE BREAD 12 oz. loaf \$1.99

HONEY BUNS 4 ct. Pkg. \$.99

FROZEN FOOD SPECIALS:

CELESTE PIZZA FOR ONE 10 var. 5-6 oz. box Reg. \$1.55 Sale \$1.25 Members \$.99 Limit 12

RAY'S NEW YORK BAGELS 24 oz. bag Reg. \$3.79 Sale \$2.99 Members 2/\$5.00 Limit 8

WYMAN'S BERRIES 4 varieties 12-15 oz. bag Reg. \$3.49 Sale \$2.99 Members 2/\$5.00 Limit 8

TREE OF LIFE ORGANIC VEGETABLES 16 oz. bag \$2.99

CO-OP'S ALL NATURAL GNOCCHI 16 oz bag \$2.49

CO-OP'S ALL NATURAL CAVATELLI 16 oz bag \$1.99

JULY IS "NATIONAL ICE CREAM MONTH"

BYRNE DAIRY ICE CREAM or **SHERBET** -*Still in a full Half Gallon Carton-*

Reg. \$3.99 Sale \$2.99 Members 2/\$5.00 Limit 8

PERRY'S SUNDAE CRUNCH, FUDGIES or **ORANGE BUDDY BARS**

6 - 8 ct. pkg. 18 - 21 oz. Reg. \$3.99 Sale \$2.99 Members 2/\$5.00 Limit 8

ADIRONDACK CREAMERY ALL NATURAL ICE CREAM 8 flavors 1 pint carton \$3.99

KLONDIKE ICE CREAM SANDWICHES 4 pack 16 oz. pkg. \$2.99

LUIGI'S REAL ITALIAN ICE 6 varieties 36 oz. box 2/\$5.00

EDY'S FROZEN FRUIT BARS 6 - 12 ct. pkg. 16 - 21 oz. \$ 2.99